

Gideon
Judges 6:36-40

Valerie Grissom
August 4, 2019



NOTES

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Judges 6:36-40

**Suggested Questions for Individual
Study or Group Discussion***



- *Read through Psalm 139.* What stands out to you in this passage? How well does God know you? Is that comforting or disconcerting? Why?
- Do you have questions that you would like to ask God? Is it easy for you to ask God these questions, or do you worry that your questions are too big for God? Take time to list out or verbalize these questions.
- We all have doubts that arise in our life. Self-doubt, doubts about God, doubts about the church, etc. Do you feel comfortable bringing these doubts to God? Why or why not?
- *Read Luke 22:44.* How does it help to know that Jesus, who is God, had anxiety?
- *Read Psalm 34 (preferably the MESSAGE version).* Have you ever experienced God meeting you “halfway”? What other things stand out to you in this passage as God meets David in his anxiety?
- *Read more verses on anxiety: Phil. 4:6,13; John 14:27; Isaiah 41:10,13; Psalm 94:19; 1 Pet. 5:7; 2 Cor. 12:10; Prov. 3:5; Matt. 6:25-34; 2 Tim. 1:7.* What does God promise in each of these passages?

Self-Reflection:

- I deal with anxiety 1) once a day 2) 2-3 times a day 3) quite often 4) and am finding it hard to cope with life situations 5) and am frozen with fear and can't proceed.
- Where do I need to “check-in” more?: 1) With God – prayer 2) With Church and community 3) An accountability partner 4) A health specialist

*Select or adapt questions to fit the needs and makeup of your group.

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