

A Dangerous Prayer

Psalm 139:23-24

NEIL TRAINER

September 16, 2018



NOTES

A Dangerous Prayer

Psalm 139:23-24

Suggested Questions for Individual Study or Group Discussion*



- How does it feel when someone learns something about you which you wanted hidden or kept secret?
- *Read Psalm 139:23-24.* How many different petitions are there in this prayer? What are they?
- What is included “my heart” (v. 23)? What function or role does a person’s heart play in his or her life?
- How are our knowledge of ourselves and our knowledge of God related? How does knowing your heart relate to your spiritual life?
- Why is it important to know your heart (cf. Pr. 4:23; Mk. 7:20-23)? What can happen when a person is ignorant of their own heart?
- What makes knowing our hearts difficult (cf. Jer. 17:9; Pr. 21:2)? How have you experienced this?
- When you consider honestly praying Psalm 139:23-24 for yourself, what emotions come up? Why do you think that is?
- What in your heart would you like for the Lord to heal or transform? How can you use Psalm 139 as a guide? How can your small group or others pray for you and support you in this through the coming week?

A Dangerous Prayer

Psalm 139:23-24

NEIL TRAINER

September 16, 2018



NOTES

A Dangerous Prayer

Psalm 139:23-24

Suggested Questions for Individual Study or Group Discussion*



- How does it feel when someone learns something about you which you wanted hidden or kept secret?
- *Read Psalm 139:23-24.* How many different petitions are there in this prayer? What are they?
- What is included “my heart” (v. 23)? What function or role does a person’s heart play in his or her life?
- How are our knowledge of ourselves and our knowledge of God related? How does knowing your heart relate to your spiritual life?
- Why is it important to know your heart (cf. Pr. 4:23; Mk. 7:20-23)? What can happen when a person is ignorant of their own heart?
- What makes knowing our hearts difficult (cf. Jer. 17:9; Pr. 21:2)? How have you experienced this?
- When you consider honestly praying Psalm 139:23-24 for yourself, what emotions come up? Why do you think that is?
- What in your heart would you like for the Lord to heal or transform? How can you use Psalm 139 as a guide? How can your small group or others pray for you and support you in this through the coming week?