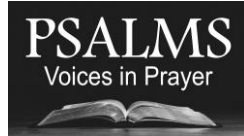


WHERE DOES OUR HELP COME FROM?

Psalm 121

Milad Nakhla

August 13, 2017

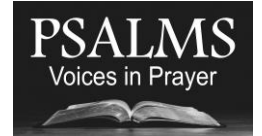


NOTES

WHERE DOES OUR HELP COME FROM?

Psalm 121

Suggested Questions for Individual
Study or Group Discussion*



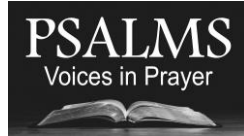
- What time of day do you function best? Are you a “morning person” or a “night owl”?
- Read all of Psalm 121. (If in a group, have readers alternate between odd and even verses.) How would you summarize the theme of this psalm in a simple sentence?
- Psalm 121 is one of the songs of ascent, songs likely sung by Hebrew pilgrims traveling up to Jerusalem for the great worship festivals. How would this psalm capture their mood and their experience together?
- What dangers or threats to the pilgrims are mentioned? What options are available to the travelers for getting help and protection?
- How does the LORD help those on this journey of faith? What form does God’s protection take?
- What does this psalm reveal about God’s character and God’s ways? How does it shape your understanding of how God relates to you?
- How have you experienced the LORD watching over you in the past?
- Where in your life do you feel vulnerable now or in need of the LORD’s protection? How can this psalm be a template and guide for your own prayers this week?
- How can your small group or others pray for you as you seek the LORD’s help and protection?

WHERE DOES OUR HELP COME FROM?

Psalm 121

Milad Nakhla

August 13, 2017

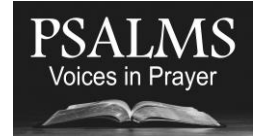


NOTES

WHERE DOES OUR HELP COME FROM?

Psalm 121

Suggested Questions for Individual
Study or Group Discussion*



- What time of day do you function best? Are you a “morning person” or a “night owl”?
- Read all of Psalm 121. (If in a group, have readers alternate between odd and even verses.) How would you summarize the theme of this psalm in a simple sentence?
- Psalm 121 is one of the songs of ascent, songs likely sung by Hebrew pilgrims traveling up to Jerusalem for the great worship festivals. How would this psalm capture their mood and their experience together?
- What dangers or threats to the pilgrims are mentioned? What options are available to the travelers for getting help and protection?
- How does the LORD help those on this journey of faith? What form does God’s protection take?
- What does this psalm reveal about God’s character and God’s ways? How does it shape your understanding of how God relates to you?
- How have you experienced the LORD watching over you in the past?
- Where in your life do you feel vulnerable now or in need of the LORD’s protection? How can this psalm be a template and guide for your own prayers this week?
- How can your small group or others pray for you as you seek the LORD’s help and protection?