

Identity

Ephesians 1:3–14

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NOTES

Identity

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Suggested Questions for Individual Study or Group Discussion*



- When you meet someone for the first time, what do you like to share about yourself to help them get to know you?
- *Read Ephesians 1:3–14. (If possible, read the text in more than one version or translation and note the differences.)* Considering each verb Paul uses, what actions has God undertaken on our behalf? What has God already done, and what is God continuing to do for us?
- Why did God choose us (v. 4–5)? How can being chosen by God give us a right understanding of our true worth or value?
- How does being adopted by God (v. 5) and becoming part of Christ’s Church inform or shape our sense of belonging?
- How does experiencing “the riches of God’s grace” (v. 7) help us honestly face both the dignity and the depravity, the good and the bad in our lives?
- Where do you see Paul using the phrase “in Christ” or “in him”? What might that phrase mean? How is it relevant to embracing our true identity?
- What are misguided ways in which people seek to make or claim an identity for themselves? What can you continually do to join the Holy Spirit’s work of making you into God’s best version of you, your true self? How can others support or pray for you in this?
- What questions do you still have about your identity in Christ and what it means for you to be chosen, adopted, forgiven, and redeemed?