

**My Cup Overflows**  
Psalm 23

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## NOTES

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Suggested Questions for Individual  
Study or Group Discussion\*



- When was a time that you attended a magnificent banquet, feast, or celebratory meal? How did the host(s) make the meal special and memorable?
- *Read Psalm 23. (Use several translations if possible.)* What new image or metaphor is apparently introduced in verse 5? What scene is imagined and how do you picture it?
- What actions is the LORD doing on behalf of the psalmist in verse 5? What might each represent or symbolize?
- Why is it significant that it is the LORD God who is behind or doing these actions? What does this reveal about how the LORD feels about the psalmist?
- Why do you think this all happens in the presence of enemies? What might that reveal about God, the psalmist, and the enemies?
- In what ways does the LORD through Jesus Christ act similarly on our behalf or treat us in the same way as the psalmist? What motivates God to do this for us?
- How does Psalm 23:5 describe your own experience with the Lord? Where in your life can you see examples of this? How can you give the Lord thanks for what you have received?
- Where do you long to experience more of the promises of Psalm 23:5? What would that be like for you? What is the Lord's invitation to you in this?