

God in the Midst of Shame
Genesis 2:18, 21–25; 3:1–13

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NOTES

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Suggested Questions for Individual
Study or Group Discussion*



- When you experience shame, what does it feel like? What are the corresponding emotions? Where do you feel it in your body?
- *Read Genesis 2:18, 21–25; 3:1–13.* Where do you see shame mentioned or experienced in this passage?
- What do you imagine it was like for Adam and Eve to feel no shame (2:25)? How would the absence of shame affect their emotional life and their relationship with God and one another?
- How does the serpent introduce thoughts and feelings of inadequacy and vulnerability? What is true and what is false in the dialogue between the serpent and the woman?
- Why do Adam and Eve hide? What do they fear? What outcome might they be hoping for?
- What do you imagine to be the tone of the LORD's voice when he asks, "Where are you (3:9)?" Why does God ask this?
- How is God vulnerable in this interaction? How does the LORD show grace in the face of the couple's shame? How are their shame-fueled fears of rejection or abandonment alleviated?
- How does shame affect your emotional life and your relationship with God and other people?
- If God asks, "Where are you?" – how will you respond? Where do you long to receive God's grace and healing from shame?
- What can you do this week to engage actively with God in the midst of your shame? How can your small group or others support and pray for you as you do so?

*Select or adapt questions to fit the needs and makeup of your group.