God in the Midst of Darkness

Psalm 13

Neil Trainer October 8, 2023



NOTES



Psalm 13

Suggested Questions for Individual Study or Group Discussion*



- Have you ever been stood up or forgotten by someone you were planning to meet? How did you feel in that moment?
 What were you thinking?
- Read Psalm 13. How would you describe the relationship between the psalmist and God at the beginning of the psalm? What is the psalmist apparently feeling and thinking?
- What does the psalmist want from God? What does the psalmist want God to do?
- What is the psalmist doing at the end of the psalm and what does he promise to do? What reasons are given? What, if anything, has changed for the psalmist?
- When have you felt forgotten or ignored by God? What were you feeling and thinking during that time? How did this impact your prayers?
- How does Psalm 13 give us a model of lament, or a pattern for our own prayers of complaint to God? How do we complain to God and trust in God at the same time?
- What might you complain to God about today? Write a prayer of lament using Psalm 13 as a guide.
- How can your small group or others pray for you and encourage you to continue to trust, rejoice, and sing to the LORD this week?



^{*}Select or adapt questions to fit the needs and makeup of your group.