

ORDER OF SERVICE

Sunday, March 5, 2023 • 10:00 AM



PRAYER OF PREPARATION

Lord God, in this season of Lent we look forward to our remembrance of Jesus' death and our celebration of his resurrection. We pray that your Spirit will renew in us today our anticipation for these events and our awareness that Jesus' death and resurrection are a sure source of hope and life. In the power of Jesus' name we pray. Amen.

PRELUDE

Linda Clugston, organ

WELCOME & ANNOUNCEMENTS

Neil Trainer

CALL TO WORSHIP (from Psalm 103:1-4 NLT)

Rick Jackson

One: Let all that I am praise the LORD; with my whole heart, I will praise his holy name.

All: **Let all that I am praise the LORD; may I never forget the good things he does for me.**

One: He forgives all my sins and heals all my diseases.

All: **He redeems me from death and crowns me with love and tender mercies.**

SONGS OF PRAISE "Praise to the Lord, the Almighty" and "Great Are You, Lord"

THE PRAYER OF CONFESSION

Emily Mitchell

God of compassion, in Jesus Christ you did not disdain the company of sinners, but welcomed them with love.

Look upon us in mercy, we pray.

Our sins are more than we can bear; our pasts enslave us; our misdeeds are beyond correcting.

Forgive the wrongs we cannot undo; free us from a past we cannot change;

heal what we can no longer fix.

Grace our lives with your love and turn the tears of our past into the joys of new life with you, even now as we continue to silently pray. *(silence for reflection)*

THE LORD'S PRAYER

Our Father, Who art in heaven, hallowed be Thy name.

Thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom, and the power, and the glory, forever. Amen.

ASSURANCE OF GRACE

PASSING THE PEACE

One: The peace of Christ be with you.

All: **And also with you.**

DOXOLOGY

BLESSING OF CHILDREN & DISMISSAL TO SUNDAY SCHOOL

Emily Mitchell

OFFERING "There is a Balm in Gilead"

String Ensemble

SCRIPTURE READING John 5:1-9, 14 CEB

Rick Jackson

SERMON "Do You Want to Get Well?"

Neil Trainer

SONG OF RESPONSE "The Table"

SACRAMENT OF COMMUNION

PASTORAL PRAYER

Linda Erickson

SONG OF SENDING "Near to the Heart of God"

BENEDICTION

Neil Trainer

POSTLUDE

Linda Clugston, organ

Congregational Meeting

// Today after worship

Calvin will hold a special meeting of the congregation at 11:30 am to vote for nominees for elders, deacons, and the nominating committee. Please pray for all of our nominees, and be sure to attend the meeting, either in person or [online](#).

Introducing Laurel Underwood!

Please join us in welcoming Rev. Laurel Underwood as Calvin’s Interim Music Ministries Director. Laurel moved from western Maryland to the West Coast in 2020 to live closer to her three grown children, all of whom live in the Seattle area. One child is a nurse practitioner who also markets wonderfully scented organic candles, the second is a self-employed computer “geek” who specializes in PowerShell, and the third is an economist who specializes in web analysis and who has also graciously blessed Laurel with two beautiful granddaughters.

Having retired from 25 years as a PCUSA minister, Laurel delights in opportunities to return to music, her first career and life-long love. Laurel’s hobbies include reading and walking and anything that brings her near an ocean. She’s also a passionate advocate for intercultural community, a love that grew out of her family’s multi-generational history of mission in Korea. She and her husband, Steve (also a retired minister), are living in Lynnwood while they work at discerning in more detail the

“what” and “where” of this next period in their lives. Laurel writes, “Serving as the Interim Music Director at Calvin fills a need of the church, fits this transitional time in my own life, and allows me to make good use of gifts God has given me.”

Join Our Easter Choir!

// Rehearsals on Wednesdays at 7 pm

Be sure to contact [Laurel](#) if Wednesdays are a problem or if you want to be in the choir but can’t come for Easter.

Stephen Ministry and the Power of Listening

// This month’s ministry focus is on Calvin’s Stephen Ministers

If you wish to understand what Stephen Ministers do, perhaps the best place to start is with Paul’s exhortation to the Galatians: “Carry each other’s burdens, and in that way you will fulfill the law of Christ (Galatians 6:2).”

Stephen Ministers are lay people who are committed to the ministry of presence – to walk alongside others in times of need and listen to their yearnings, hopes, heartbreaks, and joys. All too often people long to be heard but wonder if anyone wants to listen. Stephen Ministers are people who will say, “Yes, I want to listen to you, not just today, but in the days, weeks, and months ahead.”

Stephen Ministers are not professional counselors, but before they begin to serve they must complete six months of training: a time of extensive reading and practice in the art

of listening while also learning how to be present for others in times of crisis, loss, struggle, and grief. Stephen Ministers don’t pretend to have the “answers.” Instead, they will walk with you in your journey toward healing and wholeness.

Generally, Stephen Ministers will meet with you once a week. All discussions are strictly confidential. Your sense of safety and trust is essential. This ministry is available for both men and women of all ages. Each stage of life brings its unique challenges, and an understanding, non-judgmental ear can be an enormous support.

Right now, Calvin has four active Stephen Ministers: Katy Korpi, Dave Randles, Donna Miller Parker, and Rick Jackson. If you think you would like to speak with a Stephen Minister, please contact [Pastor Emily](#) and she will connect you with a Stephen Minister.



Happy Birthday!

- Don RickerMar. 07
- Rob Kline.....Mar. 10
- Karen NovstrupMar. 10
- Jean Johnson.....Mar. 13



Upcoming Events

- The Sanctuary Course,
Sundays at 11:30 am in
the Fireside Room
..... Feb. 26 – Apr. 23
- Choir Rehearsal.....Mar. 08
- Palm Sunday Apr. 02
- Messy Church..... Apr. 05
- Maundy Thursday Apr. 06
- Good Friday Apr. 07
- Easter Egg Hunt Apr. 08
- Easter Sunday Apr. 09