

OUR NEW LIFE TOGETHER

Ephesians 4:25–32

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NOTES

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Suggested Questions for Individual Study or Group Discussion*



- Upon what do people commonly base their ethics today? Where do people look to determine what is right and wrong?
- *Read Ephesians 4:25–32.* Recalling Paul’s previous instruction to put off the old self and put on the new (Eph. 4:22–24), list the areas he now gives for doing this?
- How does Paul balance the negative (“don’t do this”) with the positive (“do this”)? How is this helpful for you?
- What does it mean to grieve the Holy Spirit (v. 30)? What has the Spirit done for us? How does this inform the way you understand the commands before and after?
- What indications does Paul give for why these commands are so important? What is Paul wanting to prevent? What does Paul wish to promote?
- How would following these commands shape the way the Ephesian Christians speak to and about one another?
- How would living by these instructions affect the way the Ephesian Christians are perceived by others in their community? What might the long-term impact of that be?
- How would our life together in Christian community change if we all followed Paul’s ethical exhortations? What keeps us from doing this?
- Of the things which we are to put off and put on, which do you feel called by God to work on? What practical step can you take this week to grow in this area? How can your small group or others support and pray for you as you do this?

*Select or adapt questions to fit the needs and makeup of your group.