

TO BE MADE NEW
Ephesians 4:17–24
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NOTES

TO BE MADE NEW
Ephesians 4:17–24
Suggested Questions for Individual
Study or Group Discussion*



- What is an old item of clothing with which you cannot part?
- *Read Ephesians 4:17–24.* Given Paul’s descriptions, what do you imagine life was like for his Christian readers living among the Gentile citizens of Ephesus?
- How does Paul connect a person’s thinking and their behavior? How does one influence the other with both normal people and Christians?
- What is the downward path that can follow futility of thinking? Where does it lead?
- In a straightforward translation, Paul says the Ephesian Christians instead “learned Christ” (v. 20). What does that suggest? How can we do that too?
- What is the “old self” (v. 22)? How do you put it off? What are the challenges with doing so?
- What is the “new self” (v. 24)? How do you put it on? What are the challenges with doing so?
- What does Paul say we are created to be like (v. 24)? What would this look like in the daily life of a person?
- What is one practical way in which you can put on the new self this week? How can your small group or others support and pray for you as you do this?

*Select or adapt questions to fit the needs and makeup of your group.