

LIFE IN THE BALANCE

Ephesians 4:1–16

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NOTES

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Ephesians 4:1–16

Suggested Questions for Individual Study or Group Discussion*



- What is the difference between unity and uniformity?
- *Read Ephesians 4:1–16.* Given Paul's emphasis here, what issues may be present among the Ephesian Christians? How can similar challenges be manifest today?
- Drawing on Ephesians 1–3, what is the calling they have received (4:1)? What is needed to live a life worthy of it?
- What is the source of unity in the Church? How is unity both something we already have and keep (4:3), and something we must work for and reach (4:13)?
- How is Psalm 68 applied to Jesus (4:8–10)? What is emphasized about who Jesus is and what he has done?
- What is the grace given to each follower of Christ (4:7)? What is given to the Church and for what purpose (4:11–12)? What would happen if we received and used these gifts today?
- What are signs of the maturity of God's people? What reveals immaturity? Where can both be seen today?
- What winds are blowing and tossing the Church in our day? What is the effect? What should our response be?
- What does "speaking the truth in love" mean? What happens when either truth or love are absent in our speech?
- Of the exhortations Paul gives, to which is God most calling your attention? What would following that instruction look like for you this week? How can your small group or others support and pray for you as you do this?

*Select or adapt questions to fit the needs and makeup of your group.