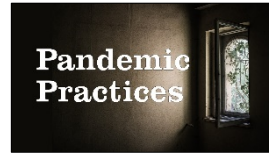


Fasting & Feasting Isaiah 25:6-9

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NOTES

Fasting & Feasting Isaiah 25:6-9

Suggested Questions for Individual
Study or Group Discussion*



- What is the most memorable meal you have had in the last year? With whom did you share it? What made it noteworthy?
- Read *Isaiah 25:6-9*. What is promised to God's people? How does a feast figure into their hope for salvation?
- Read *Matthew 6:16-18* and *9:14-15*. What assumptions about fasting lay behind Jesus' teaching? If you have engaged in the spiritual discipline of fasting, what impact did the practice have on you? If you have not fasted, why is that?
- What benefits might fasting reap for you going forward as you continue to grow to be more like Christ?
- Read *Matthew 9:9-13*. How does Jesus prioritize table fellowship both here and other places in the Gospels? How does eating with Jesus make ordinary meals more sacramental?
- What are ways you can make your regular meals into a spiritual practice? How can your small group or others partner with you and pray for you in this?
- Read *1 Corinthians 11:23-26*. What role has sharing and eating the Lord's Supper played in your spiritual growth? How can you best appropriate God's grace in the sacrament of communion going forward?
- Read *Revelation 19:6-9; 21:1-5*. How do these visions supplement Isaiah's prophecy (Isa. 25:6-9)? What about this future banquet gives you hope and encouragement for today?

*Select or adapt questions to fit the needs and makeup of your group.