

From Distress to Devotion
Psalm 107

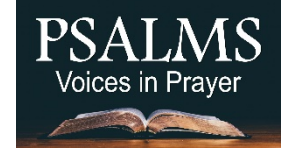
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NOTES

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Psalm 107

Suggested Questions for Individual
Study or Group Discussion*



- What does it feel like when someone doesn't say, "Thank you"?
- Read *Psalm 107*. What patterns and repetitions do you see in this psalm? What might this structure reveal about the psalm's purpose and meaning?
- Who is invited to give thanks to the LORD? How does this invitation also apply to followers of Jesus, to those in Christ?
- What are the different plights of those who were in distress (v. 4, 10, 17, 23)? To which of these do you most easily relate?
- How does each group react to their desperate circumstances (v. 6, 13, 19, 28)? What would it look like for you to do the same when you are in distress?
- What response is commanded of each group (v. 8, 15, 21, 31)? Why is this important? What will be the effect?
- How is God portrayed in this psalm? What is revealed about God's character?
- How can you be wise like those in v. 43? How can this psalm be an example and guide for you in your own prayers?
- *Extra: Write your own psalm of thanksgiving remembering your distress, recounting God's deliverance, and responding with devotion.*

For Family Discussion: Ask: *What are ways we tell someone, "Thank you"?*
Read Psalm 107. Ask: *How did God help different groups of people who were in trouble? What did God want them to do afterward? How can we thank God together for the times he has helped us?*

*Select or adapt questions to fit the needs and makeup of your group.