

# Questions/Applications for Sunday Sermon “Anamnesis” -Psalm 105/106

1. Read through Psalm 105. List all the people and places that Israel remembers God’s faithfulness:

2. Read through Psalm 106. List all the times Israel forgot God’s faithfulness and fell into sins that are mentioned in Israel’s history in this chapter. How might those correlate with us forgetting God now?

3. Make your own Psalm 105/106 regarding your own life.

**First: Remember God’s faithfulness.** Think back through your life with God, through birth, early childhood, youth, young adult, to where you are now. List the places that you have seen and now see God being faithful in your life. How does this open you to God’s continuing grace?

**Second: Ask God to remember you (see Psalm 106:4):** List times that you have not been open to God’s grace and have fallen away from God or messed up. Ask God to remember you, God’s covenant of grace, and confess any current sin, claiming 1 John 1:9, knowing that God is faithful to forgive and cleanse you from all your sin.

**Third: Ask God to remember your community & nation (see Psalm 106:47):** Reflect over our stories of community and nations. List places that we can corporately confess sin and ask God to remember and restore us as a people. (Psalm 106:6)

4. List ways you have/can incorporate routines in your daily life that assist you in amnesia, or actively remembering God. Here are a few ideas, but there are many more:

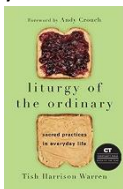
1) Reflecting on/Speaking/Praying Scripture

2) Singing/Worship

3) Remembering your baptism by signing the cross on your forehead.

4) Remembering God’s promises by carrying a stone in your pocket (i.e. Gen 28:10-22; Josh 4:21-22)

5) Turn a daily event into an anamnesis event (i.e. remembering your baptism during a shower, etc.). For ideas, see:



Book:

[https://www.amazon.com/Liturgy-Ordinary-Sacred-Practices-Everyday/dp/0830846786/ref=sr\\_1\\_1\\_sspa?dchild=1&keywords=everyday+liturgy&qid=1597373056&sr=8-1-](https://www.amazon.com/Liturgy-Ordinary-Sacred-Practices-Everyday/dp/0830846786/ref=sr_1_1_sspa?dchild=1&keywords=everyday+liturgy&qid=1597373056&sr=8-1-)

Article to Read: <https://sanctuarybaptist.wordpress.com/2020/08/12/creating-a-prayer-space-in-the-midst-of-chaos-seven-simple-suggestions/?fbclid=IwAR2Uf7vRpDzOSIRtpA4BaElbmviDGuvGBE4biB69i6mMz3oqLVvsXuqQPAC>

## **For Household or Intergenerational Conversation:**

- Talk to each other about where you have seen God as faithful, and where you have experienced God’s forgiveness.
- Youth: Take out the family albums—ask your parents to see your pictures, and their pictures, and their parents’ pictures. Ask them where they felt God’s faithfulness and love in those moments.
- All: Build stone towers to remember God’s faithfulness through this year.
- <https://www.leadbiblically.com/put-up-some-stones-to-remember-gods-faithfulness/>