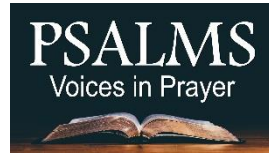


Mind the Gap
Psalm 90

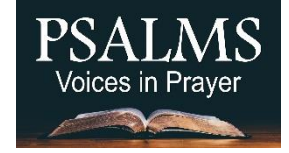
Neil Trainer
June 28, 2020



NOTES

Mind the Gap
Psalm 90

Suggested Questions for Individual
Study or Group Discussion*



- How old do you think you will be when you die? Why
- Read *Psalm 90*. How would you describe the mood of this prayer? Give examples.
- How has God related to the psalmist and the people in the past? What is the state of their relationship in this prayer?
- How does our mortality affect our relationship with God? How should it affect the way we pray?
- How have the people's sins impacted them? What do they request of God in response?
- What makes God angry? How do you feel when reading of God's wrath?
- How does Jesus Christ address for us the many needs and concerns covered in this prayer?
- If the LORD granted you each request in vv. 13-17, how would your life be different? Which feels most significant or urgent?
- How can this psalm be an example and guide for you in your own prayers?

For Family Discussion: Ask: *What is your earliest memory? Read Psalm 90:1-17. Ask: Were there any parts of this psalm that did not make sense to you? When this person wrote the prayer, how do you think they were feeling? What are some ways they described God? What kinds of things do they want God to do for them? What could happen if God did those same things for you?*

*Select or adapt questions to fit the needs and makeup of your group.